

What can we do for you?

Unique in its kind, the **Servants of Love** community offers a healthy spiritual life and the opportunity to explore and develop your talents in an atmosphere that is friendly, positive and holistic.

In the spirit of Ecumenism, our **Associate Membership** is open to any person interested in living a happy life which is centred on the Goodness of God.

SOL HEALTH

We offer *Retreats, Workshops & Courses* in:

Spirituality
Meditation
Relaxation
Raw Food Nutrition
Healthy Food Preparation
Juicing
Sprouting

Personal Creativity
Positive Mental Health
Healing Music

also

Inspirational Concerts
Healing Music Recitals
Celtic Music Evening's

Where are we?

You'll find us at:

The Servants of Love
SOL Building
Quarantine Hill
Wicklow Town
Co. Wicklow
Ireland

Tel: +353 (0)404 68645

Fax: +353 (0)404 67153

Enjoy **great food** at the

Healthy Habits Cafe!!

Email Enquiries

Health Food Courses veronicasol@eircom.net

Spiritual Retreats gabrielle@eircom.net

Healing Music seamus@brotherseamus.com

Positive Mental Health avlund@o2.ie

Health Products info@healthyhabs.com

Websites

SOL Community www.theservantsoflove.com

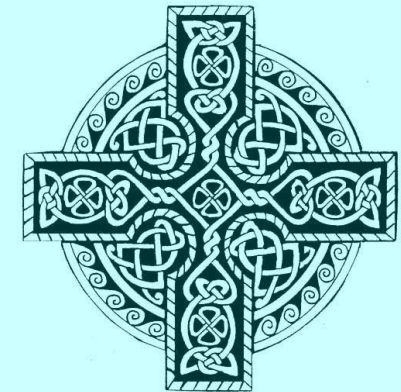
Relationship DVDs www.teenbond.com

Juicers/Health Books www.healthyhabs.com

Music & Retreats www.brotherseamus.com

"I promise to appreciate
the Goodness of God
in all things and at all times"

The Servants of Love



Committed to Healing the World

Who are we?

The Servants of Love is a community of women and men whose lives are dedicated to bringing healing, balance, spirituality and love into the world.

We live a monastic, celibate lifestyle and follow the ethos and teaching of the Roman Catholic Church.

Founded in Ireland over 30 years ago, our work is to promote healing through encouraging healthy lifestyle, positive thinking and wholesome spirituality.

We approach our work by living, studying and sharing knowledge in all fields that relate to health in mind, body and spirit, particularly nutrition, exercise, therapy, meditation, art, psychology, faith and theology, and applied health-science.

As well as exploring the many health-related skills, our members also train as artists, musicians, writers, performers and art technicians so as to more effectively share our vision.

Through our **Healthy Habits** raw-food cafe & take-away, **Retreats, Workshops, Courses** and **Websites**, we provide knowledge and resources in all health-related subjects.

We also produce top quality CDs, DVDs and Books to further benefit people.

Community Life

The members live and work in community, in a positive, peaceful and creative atmosphere.

Our daily routine is geared to encourage prayerfulness, enjoyment of the present moment, health and productivity.

We carefully write, design and create programs we hope will touch people with healing, hope and love...

MUSIC

Seamus Byrne, Celtic Singer, Flautist and Healing Musician, composes and performs Music for Meditation, Relaxation, Prayer, Therapy and Healing.
www.brotherseamus.com

GUIDED RELAXATION

Gabrielle Kirby's soothing voice accompanies you along the gentle path of tranquillity while encouraging and empowering you to fulfil your potential.
gabrielle@eircom.net

LIFE SKILLS

Michaela Avlund's 'Lifeskills' DVDs help young people learn self-confidence.
www.teenbond.com

NATURE SOUNDS and CARDS

Healing aids, such as Nature Sound Recordings, Beautiful Scenery and Art Cards, also help the healing process.

Why do we exist?

The Servants of Love try to spread the news of the Goodness of God.

This is our primary aim and function and, to this end, the members make a yearly Promise to Appreciate the Goodness of God in all things and at all times.

It can be an exacting promise, but it helps the members live positive, healthy and charitable lives in community and in the world.

To live a holy and wholesome life, to enjoy the ever-abundant gifts of God, to appreciate His Goodness, even in the events that may seem very difficult... this is the message and lifestyle we promote and encourage people to practice.

To live this way empowers one to be able to receive all the goodness that God wishes to bestow.
And He wishes to bestow much!