

'Raw in a Cold Climate'

by Gourmet Chef Veronica O'Reilly

Living Food Preparation Class

4 th February 2012

10 am - 4.30 pm

in SOL , (Healthy Habits Café) ,

Quarantine Hill,

Wicklow Town,

€90



**Living Foods are health giving
and FUN to make!**

Includes some hands on

- Learn to make LIVING Entrees,
- Vibrant salads and guilt-free desserts
- LUNCH and RECIPE HANDOUTS INCLUDED

Booking Essential

Non - refundable deposit €20

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